



WE DESIGN THE SCIENCE OF BEAUTY

**Couperose & Rosacea
Treatments**

Professional Cabin Treatments for Couperose & Rosacea

- CLASSIC FACIALS

RELIEF

Treatment to relieve and decongest very irritated, inflamed skin

RECOUPERATE

Strengthening, regenerating and neutralizing facial for sensitive skin, couperosis & rosacea

- B-PEEL

SENSITIVE BEAUTY

Sensitive skin herbal peel treatment to counteract couperosis & initial stages of rosacea

Skincare Solutions for
Couperose & Rosacea

CALM



NEW
RECOUP FLUID
and
RECOUP CREAM

To care for, build up & strengthen
sensitive and sensitized skin,
especially for couperose / rosacea

Relief

Treatment to relieve and decongest very irritated, inflammed skin

CLEANSE/ OPEN

- Cleanse the skin with **SOFT DEEP CLEANSING BUTTER**
- Apply **ULTIMATE 2+** (or **NOURISHING EXFOLIATOR** in cases of less sensitive skin) onto face, neck and décolleté and let it work for 5-10 minutes. Afterwards, gently rinse with lukewarm water
- Treat the skin with d'Arsonval high frequency device (use locally in the case of sensitive skin) to decongest and relieve the area. Due to it's oscillating and decongesting effect the skin will be better oxygenated and toxins & bacteria will be eliminated.

TONE

- Refresh the skin with **HERBAL SUPER LOTION**

PROVIDE/ SHIELD

- Apply a few drops of **RECOUP FLUID** to repair, strengthen and soothe the skin.
- Apply a thin layer of **INSTANT RELIEF GEL-MASK** (to calm & hydrate the skin) perform a massage for ca. 15 minutes. If needed, add **RECOUP CREAM** to the mix.
- For very sensitized skin, apply a calming occlusive layer of **COOL MASK** on top.
- Afterwards refresh the skin with **HERBAL SUPER LOTION**.
- If needed, apply a thin layer of **RECOUP FLUID** or **RECOUP CREAM**
- Finish by protecting the skin with BB CREAM such as **PURE BB CREAM** as needed. This will neutralize, soothe and protect red, irritated skin.

	Cleanse	Open	Tone	Provide	Shield
Cabin	Soft Deep Cleansing Butter	Ultimate 2+	Herbal Super Lotion	Recoup Fluid Instant Relief Gel-Mask Recoup Cream Cool Mask	Recoup Cream Pure BB Cream
Home Care	Soft Deep Cleansing Butter	Ultimate 2+	Herbal Super Lotion	Recoup Fluid	Recoup Cream Pure BB Cream

Recouperate

Strengthening, regenerating and neutralizing facial for sensitive skin, couperosis and rosacea

CLEANSE/ OPEN

- Cleanse the skin with **SOFT DEEP CLEANSING BUTTER**
- Apply **ULTIMATE 2+** onto face, neck and décolleté and let it work for 10 minutes. Afterwards, gently rinse with lukewarm water

TONE

- Refresh the skin with **HERBAL SUPER LOTION**

PROVIDE/ SHIELD

- Apply a few drops of **RECOUP FLUID** and massage into skin.
- Apply **GLACIER MOUSSE** perform a massage for ca. 15 minutes. Remove with lukewarm water.
- **BIO-CELLULOSE STEM CELL FACE & NECK MASK** can be applied and left on for 15-20 minutes.
- Refresh the skin with **HERBAL SUPER LOTION**
- Apply a thin layer of **RECOUP FLUID** or **RECOUP CREAM**
- Finish with **PURE BB CREAM** as needed. This will soothe and protect red, irritated skin. **PURE BB CREAM** can be used as a spot treatment, worn under or over make-up

	Cleanse	Open	Tone	Provide	Shield
Cabin	Soft Deep Cleansing Butter	Ultimate 2+	Herbal Super Lotion	Recoup Fluid Glacier Mousse Bio-Cellulose Stem Cell Face & Neck Mask	Recoup Cream Pure BB Cream
Home Care	Soft Deep Cleansing Butter	Ultimate 2+	Herbal Super Lotion	Recoup Fluid	Recoup Cream Pure BB Cream



BEAUTY PEEL

Treatment Protocol Face

Sensitive Beauty

herbs²peel
[sensitive, sensitized skin,
couperosis & rosacea]

- Cleanse the skin with **SOFT DEEP CLEANSING BUTTER**
- Steam the skin or use warm compresses for about 3-5 minutes. Gently remove impurities, if any and disinfect with alcohol

Preparation of the herbs²peel **POWDER + GEL**

- Prepare 3/4 f tsp. (ca. 1,5 g) of the herbs²peel **POWDER** into a small bowl, set aside. (Stir the herbal blend in the jar from top to bottom before use)
- Mix 2 generous tsp of the herbs²peel **GEL B** with herbs²peel **POWDER** 1:2 into a gel-paste consistency

Tip: Have a stopwatch/timer directly on-hand to accurately time the peel and avoid over-treating

Application

- Apply entire mixture onto the skin and begin the massage (use the whole hand and massage in circular movements). The duration and pressure of the massage (1-1,5 minutes) depends on the condition, stage and sensitivity of the clients skin
 - After the massage, rinse thoroughly with lukewarm water or warm towel
 - Rinse with lukewarm water and refresh the skin with **HERBAL SUPER LOTION** to return balance and soothe the skin
 - Execute Manual Lymph Drainage
 - Apply **RECOUP FLUID** or **INSTANT RELIEF GEL MASK** (mix a few drops with **ELIXIR** if the skin is extremely dry)
 - Mix and apply **GLACIER MOUSSE MASK** and conduct a 20 min massage on face, neck and décolleté
- Rinse thoroughly with lukewarm water and refresh the skin with **HERBAL SUPER LOTION**

Tip: As add-on service, apply **RECOUP FLUID & BIO-CELLULOSE STEM CELL FACE & NECK MASK** on top and let activate for 20 min

- Finish by removing mask and applying **RECOUP CREAM**
- Protect the skin from the sun and environmental aggressors with BB Cream, such as **PURE BB CREAM**.



BEAUTY PEEL CALM TREATMENT: SENSITIVE BEAUTY

1 DAY FRESH SKIN

SENSITIVE
BEAUTY

CLEANSE

Soft Deep
Cleansing
Butter

OPEN

herbs2peel
POWDER
[NATURAL BLEND]
+
Gel B

TONE

Herbal
Super
Lotion

PROVIDE

Recoup Fluid
or Instant
Relief Gel-
Mask (+ Elixir
optional)

PROVIDE

Glacier
Mousse
+/- or
Stem Cell
Face &
Nexk Mask

PROVIDE &
SHIELD

Recoup Cream
+
BB Cream



ALEX
COSMETIC



NOTES